



Art Virtual Learning

# Early Education

# Dance

May 15, 2020



Pre-K Art

Lesson: 05/15/2020

**Learning Target:**

Students will produce dance-like movements with increasing body control.

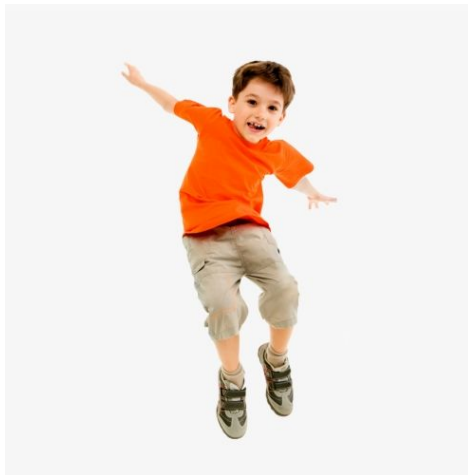
**Let's Get Started:**

Watch Video: [Hokey Pokey Dance](#)

# Practice:



Twirl around 2 times



Bend down low and  
jump up high



Twist your arms from  
side to side

# Activity:

## Hokey Pokey Dance

Materials needed: [Hokey Pokey Dance](#)

1. Play the video linked above for the Hokey Pokey Dance
2. Follow along with the dance as you do the Hokey Pokey.
3. Encourage your child to follow the dance and be in control of their body.

Another way to play is to copy dance moves that you make up. Both you and the child will create dance moves for the other to do. For example, your child will make a dance move and then you will copy the dance move. Then you will create a dance move for the child to copy.